

Supplementary Reading Material

General Knowledge

1

Based on National Curriculum 2022



National Book Foundation
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Federal Textbook Board, Islamabad

National Book Foundation

General Knowledge

Grade 1

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Based on

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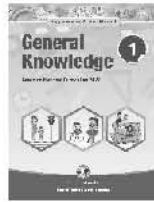
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General Knowledge
for Grade 1
Based on National Curriculum 2022



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پیش لفظ

نیشنل بک فاؤنڈیشن، فیڈرل سطح پر واحد ادارہ ہے جو معیاری درسی کتب کی اشاعت کرتا ہے اور یہ طور فیڈرل ٹیکسٹ بک بورڈ بھی اپنے فرائض بہ طریق احسن سرانجام دے رہا ہے۔

واقفیت عامہ کی یہ مدرسہ کتاب برائے جماعت دوم کے لیے قومی نصاب ۲۰۲۲ء کے مطابق نیشنل بک فاؤنڈیشن نے اعلیٰ تعلیم یافتہ اور تجربہ کار اساتذہ کرام کی زیر نگرانی تیار کی ہے۔ ہمارے معزز مصنفین کرام نے حتی الامکان کوشش کی ہے کہ یہ کتاب قومی نصاب کے تمام تقاضے پورے کرے اور طلبہ کی ذہنی سطح اور معاشرتی نظام کے عین مطابق ہو۔ امید واثق ہے ہماری یہ کوشش طلبہ اور اساتذہ کو پسند آئے گی۔ یہ کتاب معاشرتی علوم اور سائنس کے مختلف تصورات کو مد نظر رکھتے مرتب کی گئی ہے۔ بچوں کی دل چسپی کے پیش نظر اسے رنگین تصاویر اور دیدہ زیب ڈیزائن سے مزین کیا گیا ہے۔ معلومات اور تصورات کی پیش کش میں استعداد کے پیش نظر کتاب کی زبان سادہ اور آسان رکھنے کی بھرپور کوشش کی گئی ہے۔ اسباق کو دل چسپ بنانے کے لیے حقیقی کردار بھی شامل کیے گئے ہیں۔ جدید طرز پر مرتب کردہ مشقوں اور سرگرمیوں کا بھی خیال رکھا گیا ہے۔ اساتذہ کرام سے گزارش ہے کہ جدید نفسیاتی اصولوں کو مد نظر رکھتے ہوئے اسباق کی تدریس دل چسپ انداز میں کریں اور طلبہ کی حوصلہ افزائی کریں تاکہ وہ سرگرمیوں میں بڑھ چڑھ کر حصہ لیں۔

واقفیت عامہ کی تدریس میں جدید رجحانات اور حکمت عملیوں کو بھی روشناس کرانے کی کوشش کی گئی۔ مشقوں اور سرگرمیوں پر خاص طور سے توجہ دی گئی ہے۔ مصنفین نے تمام اسباق کو تدریسیاتی اصولوں پر وضع کیا ہے۔

معیاری رفعت، تدریسیاتی حاصلات، ذہنی رسائی اور اسلوب کی پیروی ہمارا نصب العین ہے۔ اس ضمن میں مصنفین کی کاوشیں لائق تحسین ہیں۔ حتی الامکان کوشش کی گئی ہے کہ کتاب غلطیوں سے پاک ہو۔ وزارت مذہبی امور کی جانب سے حضرت محمد رسول اللہ ﷺ کی ذات گرامی اور صحابہ کرام رضی اللہ عنہم کے حوالے سے جو نوٹیفکیشن جاری ہوتے رہے ہیں ان پر بھی مکمل طور پر عمل کیا گیا ہے تاہم پھر بھی آپ سے درخواست ہے کہ اگر اس کتاب میں کسی قسم کی لسانی یا علمی نوعیت کی کوئی خامی نظر آئے تو ہمیں اس سے آگاہ فرمائیں تاکہ آمدہ ایڈیشن میں ان کی درستی کی جاسکے۔ اس کے لیے ادارہ آپ کا بے حد شکر گزار ہو گا۔ کسی غلطی کی نشان دہی یا اطلاع textbook@nbf.org.pk پر کریں۔

اللہ تعالیٰ ہم سب کا حامی و ناصر ہو! آمین

ڈاکٹر راجہ مظہر حمید

مینجنگ ڈائریکٹر



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My Introduction



Learning Outcomes After reading this unit, you will be able to:

- describe themselves briefly. For example, their name, age, likes, games, favourite food, what they want to be when they grow up, etc
- identify good qualities in themselves and others (telling the truth; respecting elders and listening to their advice, getting up early in the morning, etc
- to know the good habits of others
- recognize and explain that individuals have different needs and qualities, and different likes and dislikes
- analyze and describe the ways in which they are same as and different from others with respect to likes and dislikes

My name is Abdullah
I am five years old.
I study in class 1



I like to drink milk.
I like apples and mangoes.
I like to play football.
I will become a teacher
when I grow up.



Teachers' Note:

Teach students how to read these sentences



My name is Seema.
I am six years old.
I study in class 1.
I like fruit juices.
I like rice very much.
I like to play
badminton.
I will become a pilot
when I grow up.



Tell about Yourself

1. My name is _____
2. My age is _____
3. I study in class _____
4. My father's name is _____
5. My mother loves me a lot _____
6. I have _____ brothers and sisters.
7. My favourite game is _____
8. I like to eat _____ and _____
9. I have to be a _____ when I grow up.



Teachers' Note:

Encourage students to introduce themselves to each other.



My Good Habits



Clean your teeth in the morning and ad night.



To help in household work.

Good Habits of My Friends



Throw garbage in the dustbin.



To take care of friends.



Activity

Good habits of my father

-
-
-

Good habits of my mother

-
-
-



Activity

Tell your friend about your good habits and ask her about her good habits.



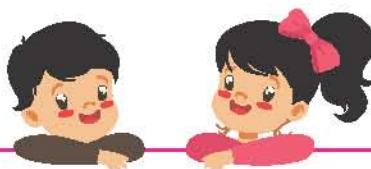
Let us think that how would others feel if we do not respect their likes.

Make circle on the correct choice.

- 1 We must get up _____ in the morning. early/late
- 2 We must throw garbage in the _____ dustbin/road
- 3 While talking we must wait for the _____ turn/permission
- 4 We _____ speak the truth. Sometimes/always
- 5 We should always care about _____ likes. Others/our

Write your and your friend's likes in the given columns.

Favourites	Mine	My Friend's
colour		
weather		
food		
clothes		
animal		
game		



Let's Talk

Tell your classmates how your habits are better and different than your friend's.



Unit 2

My Family and Friends



Learning Outcomes After reading this unit, you will be able to:

- Identify some family members (parents, brothers and sisters, grand-parents, aunts, uncles and cousins (parental and maternal)
- Understand to respect your relatives and friends
- Identify particular habits of your friends

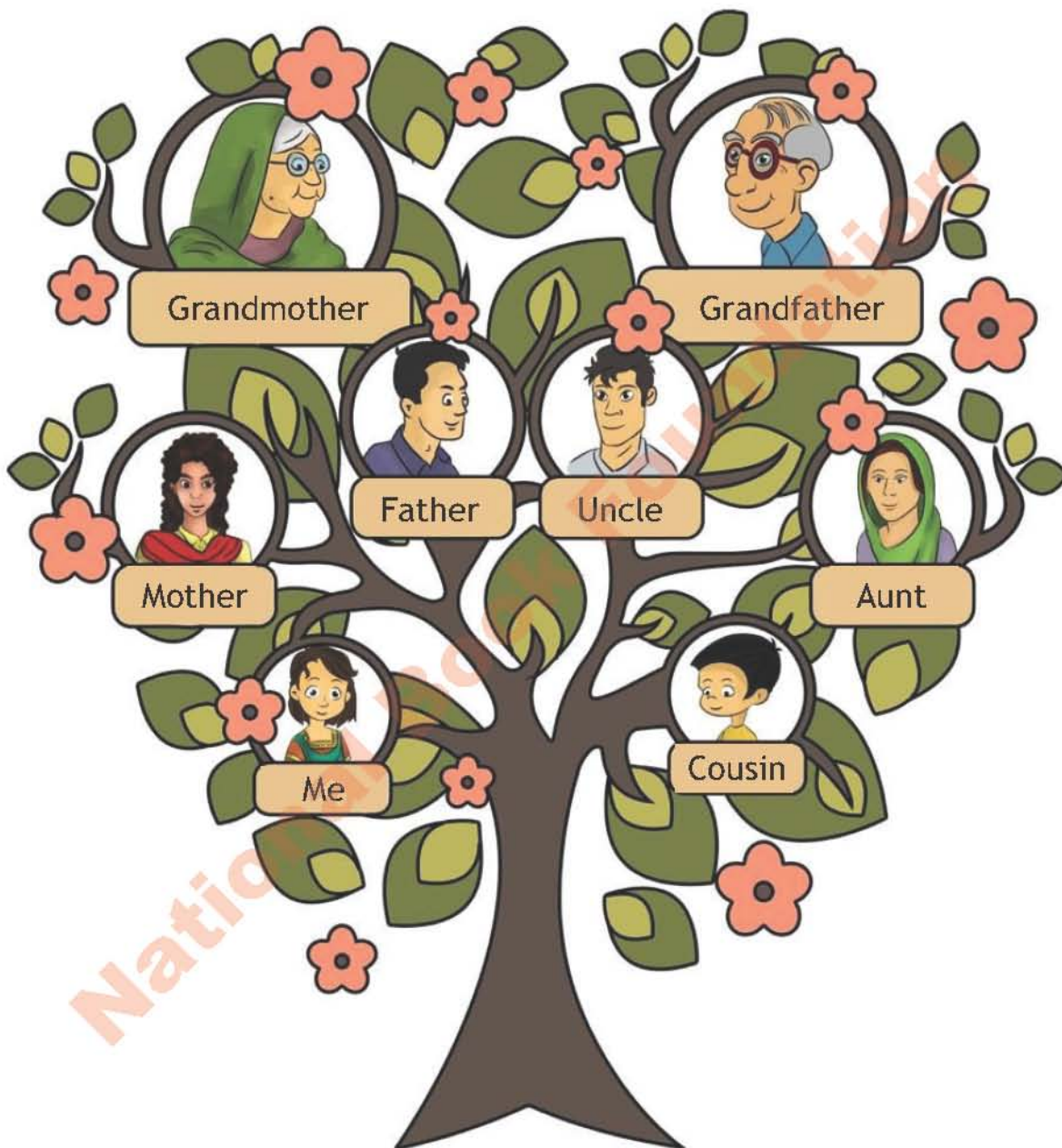
My name is Seema

This is my brother Abdullah





My Family

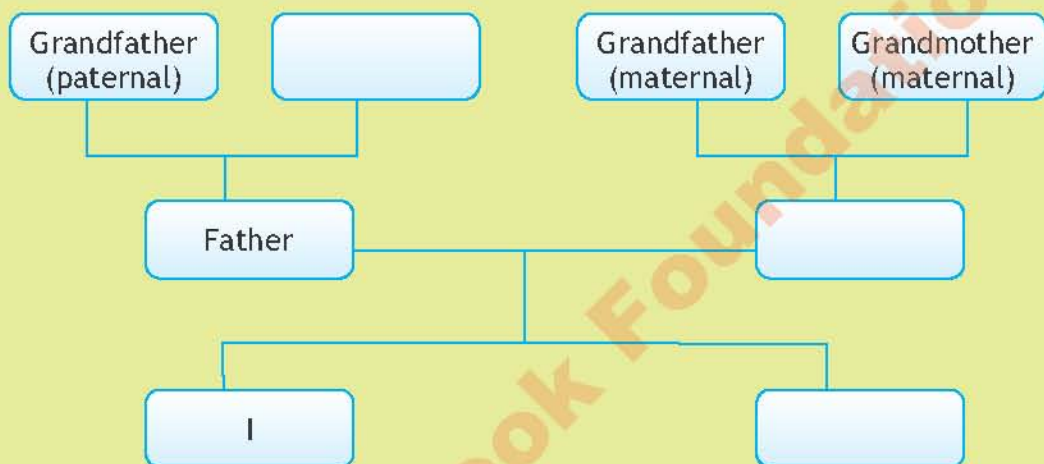


I love my family members



Activity

Complete this Chart



We must:

- Respect your relatives and friends
- We must take care of each other in time of need



Activity

Identify your relatives

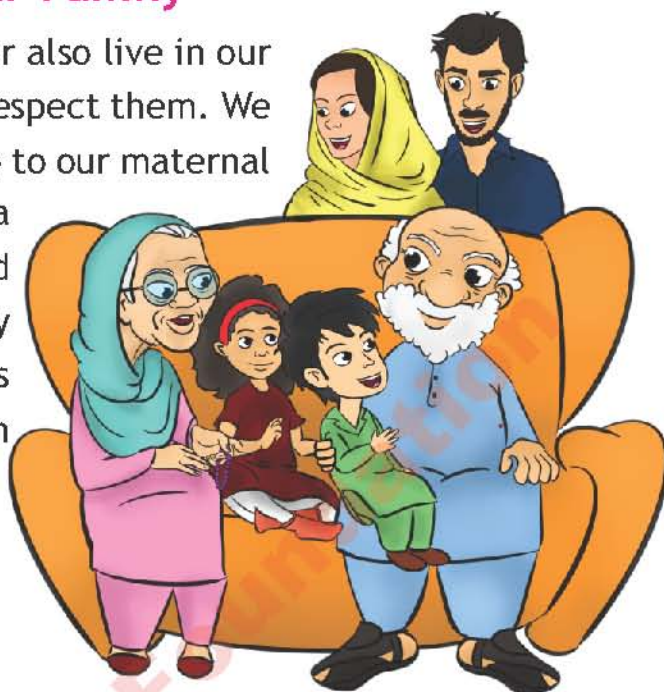
- father's father
- Father's mother
- Father's sister
- Father's elder brother
- father's younger brother
- mother's mother
- mother's father
- mother's sister
- mother's brother
- grandfather (maternal)
- grandmother (maternal)
- uncle (father's younger brother)
- father's sister
- mother's sister
- mother's brother
- father's elder brother
- grandfather (paternal)
- grandmother (paternal)



Our Family

My grandfather and grandmother also live in our house with my parents. We all respect them. We all love each other. We often go to our maternal grandparents' house. Our Khala and Mamoon with his wife and family also lives there. We enjoy a lot over there. My father's brother, his wife and children also come to our house often. We all also go for a picnic.

We respect all our elders and listen to them.



My grandfather (maternal) and grandmother (maternal)



Activity

Tell your classmates who lives in your house.

-
-
-
-
-

Tell about your family.

- My (paternal) grandfather's name
- My (maternal) grandfather's name
- The name of my father's younger brother
- The name of my mother's brother



My Friends

I have many friends in my school and neighbourhood. We respect each and help each other in time of need. My friends talk pleasantly. They play and study at proper time. They do not take other's things without permission. They are neat and clean and keep their surroundings clean. We all love our dear country Pakistan.

Let us think:

How can we become good friends?



Let's Talk

Talk about your friends.

- My school friends _____
- My neighbourhood friends _____
- My best friend _____



Teachers' Note:

- Tell students that respecting teachers and parents is very important. Likewise respecting our friends and relatives is equally important.
- Tell students that why is strong bonding of relationships important.



Activity

Complete the chart (orally)

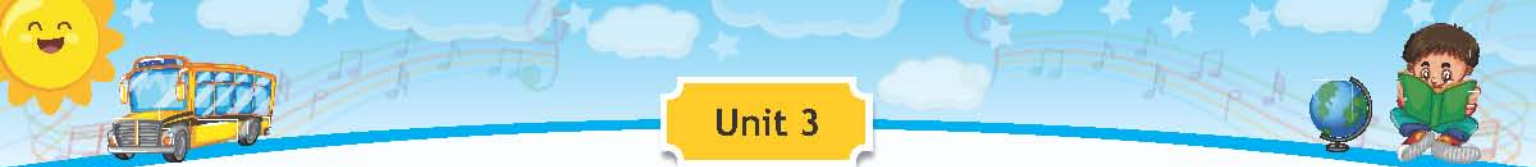
The name of my friend

-
-
-
-
-

Good Habits

-
-
-
-
-

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Unit 3

My School



Learning Outcomes After reading this unit, you will be able to:

- tell the name and location of your school
- name and identify the people they interact with in school(teachers, students, principal, service providing staff etc)
- describe the activities they engage in at school
- understand the rules they follow in class and school

My name is Seema. This is my school.





I like my school very much. All teachers teach us with great love. I have many friends. We study together. We play during the school break and rush to our classes as soon as the bell rings. Besides teachers other people also work in the school. The gardeners water the plants. Sweepers clean the school, while different people do the office work.

Let us think that what problems we would face without gardeners and sweepers in the school.



Activity

- The name of my school is _____.
- My school is situated in _____ (name of the village/city).
- The name of my class teacher is _____.
- The name of my Headmaster / Headmistress / Principal is _____.

Our School Headmistress supervises all school affairs. She also comes to our class and tells us about the school rules. These rules are for our benefit. By following these rules, we are saved from many difficulties. Do you know your school rules? I will tell you about some of my school rules.



- Wear neat and clean uniform.
- Reach school on time.
- Make a queue in the Assembly.
- To keep our classroom and school neat.
- Talk in class after taking permission.
- Not to take anything from anyone without permission.



Activity

Tell few rules of your class with the guidance of your teacher.

-
-
-
-

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Teachers' Note:

Encourage students to follow rules.



My Friends



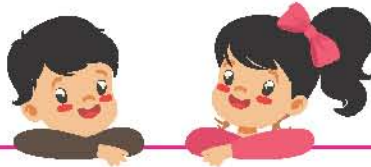
Dear friends! I have many friends in school who speak different languages. They also belong to different areas of Pakistan. I have a foreign friend also. We all respect and help each other.



Activity

Name the activities other than studies in your school.

-
-
-



Let's Talk

- Which language you and your friends speak at home?
- How do you help others in keeping your class and school clean?



Activity

Every school has different rules. Tell some rules of your school.



Activity

Fill in the blanks with the help of the given words.

Our part respect time help

- Besides studies, I take _____ in different activities in my school.
- We must _____ everyone present in the school.
- Rules are made for _____ of all.
- I _____ my friends.
- Always be careful of _____.

قومی ترانہ

پاک سرزمین شاد باد! کشورِ حسین شاد باد!
تو نشانِ عزمِ عالی شان ارضِ پاکستان
سرکزِ یقین شاد باد!

پاک سرزمین کا نظام قوتِ اخوتِ عوام
قوم، ملک، سلطنت پائندہ تابندہ باد!
شاد باد منزلِ مُراد!

پرچمِ ستارہ و ہلال رہبرِ ترقی و کمال
ترجمانِ ماضی، شانِ حال جانِ استقبال
سایہِ خدائے ذوالجلال!



نیشنل بک فاؤنڈیشن
وفاقی ٹیکسٹ بک بورڈ، اسلام آباد